

NUMBER VALUE	PRONUNCIATION	NAME	LETTER
1	- / A (as in "car")	ALEF	א
2	B / V, W	BET	ב
3	G	GIMEL	ג
4	D	DALET	ד
5 / (5000)	H / at the end of a word silent	HE	ה
6	V / W / O, U	WAV	ו
7	S (as in "is")	SAYIN	ז
8	CH (as in German "Bach")	HET	ח
9	T	TET	ט
10	Y (as in "year") / I (as in "deep")	YOD	י
20	K (as in "king")	KAF	כ
20	CH (as in German "ich")	KAF FINAL	ך
30	L	LAMED	ל
40	M	MEM	מ
40	M	MEM FINAL	ם
50	N	NUN	נ
50	N	NUN FINAL	ן
60	S (as in "books")	SAMECH	ס
70	- / E (as in "set")	AYIN	ע

NUMBER VALUE	PRONUNCIATION	NAME	LETTER
80	P	PE	פ
80	F (as in "proof")	PE FINAL	ף
90	TS / TZ (as in "boats")	TSADI	צ
90	TS / TZ (as in "boats")	TSADI FINAL	ץ
100	K (as in "culture")	KOF	ק
200	R	RESH	ר
300	SH (as in "fish") / S (as in "bridges")	SHIN / SIN	ש
400	T	TAV	ת

Nota bene:

-) 5 lettres have special final forms.
-) The letters Alef, Wav and Yod are sometimes used to indicate vowels.

Examples:

Shlomo = Salomon	שלמה	Mose	משה
Shmu'el = Samuel	שמואל	Loeb / Loev / Loew	ליב
Zvi	צבי	Wolf	וואלף
Me'ir, Mayer...	מאיר	Hirsh / Hersh	הירש \ הרש
Lea	לאה	Sara	שרה
Avraham = Abraham	אברהם	Rivka = Rebecca	רבקה
Yizchak = Isaac	יצחק	Debora	דבורה
Mordechai	מרדכי	Malka	מלכה
Chawa = Eva	חווה	Resl / Roesl	ריזל
Chana = Hanna	חנה	Yakob	יעקב \ יאקב